

Metacognition wheel

Metacognitive skill targeted: flexible mind, reflection, making connections

When to use it

Whenever you are stuck on a problem or a question, spin the wheel and discover another way to solve the problem.

What you'll do

Spin the wheel and look at the question asked. How does the question help you address the problem in a new light?

What You Need

- The attached metacognition wheel and the arrow printed and cut
- 1 brass fastener
- 1 pair of scissors

How to use it

1. Cut the wheel and the arrow.
2. Fasten the arrow with the brass fastener in the middle of the wheel.
3. You can now spin the wheel every time you are stuck with an exercise.

For instance, you are stuck with a mathematical exercise, and you don't know how to solve it.

Spin the wheel.

Let's say the arrow stops on "**What's my goal right now?**".

Remind yourself what the objective of this exercise is, what answer you are looking for?

How can I think differently?

