

Metakognitivne kartice za refleksiju

Kada ih koristiti

Ovaj alat možete koristiti nakon završetka zadatka, aktivnosti ili lekcije kako biste razmislili o tome kako ste radili, što ste naučili i kako biste se mogli poboljšati sljedeći put.

Što ćete učiniti

Ove kartice vam pomažu da razmislite o vlastitom učenju i pronađete bolje načine učenja u budućnosti.

Što vam je potrebno

- Tiskane kartice za refleksiju (ili digitalne verzije)
- Olovka ili kemijska olovka
- Vaša bilježnica ili dovršena aktivnost

Kako ih koristiti

1. Odaberite jednu karticu s tiskanih kartica za refleksiju nakon završetka zadatka.
2. Pročitajte pitanje ili uputu na kartici.
3. Odvojite trenutak za razmišljanje prije nego što odgovorite.
4. Napišite ili izgovorite svoj odgovor.
5. Razgovarajte s prijateljem ili učiteljem ako želite.

O ovom predlošku

- Svaka kartica ima simbol i pitanje ili uputu za refleksiju.
- Boja i simbol pomažu vam da zapamtite vještinu koju koristite (npr. zelena i slagalica za planiranje)
- Pitanje vam pomaže da duboko razmislite o tome što ste učinili, kako ste se osjećali ili što biste mogli bolje učiniti.
- Neke kartice pitaju o tome kako ste planirali svoj rad, kako ste ostali usredotočeni ili koliko su dobro vaše strategije funkcionalne.

Savjeti za ponovnu upotrebu / nastavak

- Svaki put odaberite drugu karticu kako biste istražili nove kutove svog učenja.
- Zabilježite svoje odgovore u dnevnik kako biste vidjeli kako napredujete.
- Pokušajte stvoriti vlastite kartice s novim pitanjima.
- Koristite istu karticu s različitim predmetima ili projektima.



Što već znam o ovoj temi?

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Koji je moj cilj za ovaj zadatak?

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Koju ću strategiju koristiti za početak?

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Što bi moglo biti
teško i kako ću se
nositi s tim?

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Razumijem li što učim?

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Trebam li isprobati drugačiju strategiju?

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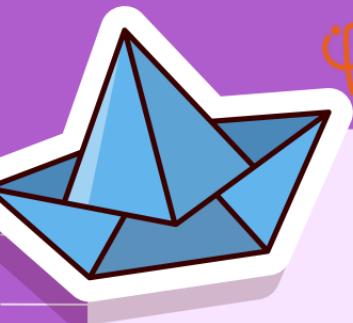
Što mi trenutno najviše pomaže?

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Trebam li pomoć ili više informacija?

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Što sam danas naučio/la?

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Što je dobro
funkcioniralo,
a što nije?

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CogniQuest



Što bih sljedeći put učinio/la drugačije?

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Kako se osjećam u vezi sa svojim učenjem danas?

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