

## My Debate Helper

**Metacognitive skill targeted:** Planning, self-monitoring, and evaluating arguments and reasoning.

### When to use it

You can use this tool before and after a group debate or discussion to help you plan what you'll say, pay attention to how it's going, and think about what you learned.

### What you'll do

This tool helps you get ready for a debate, notice your ideas and feelings while you speak, and reflect on what went well and what you might do differently next time.

### What You Need

- ☒ This sheet (printed or on a tablet/computer)
- ☒ A pen or pencil
- ☒ The debate or discussion topic

### How to use it

**Before the discussion:** Write down your best ideas and what you want to say.

**During the discussion:** Jot down quick notes if you notice something important or if you change your mind about something.

**After the discussion:** Think about what you did well, what was difficult, and one thing you want to try next time.

## About this Template

In the **'My Ideas' box**, write your main points for the discussion.

In the **'What I Noticed' box**, add quick thoughts about how things went while you were talking or listening.

In the **'Looking Back' box**, write down if you were able to follow the debate well or to share your ideas, what was tricky, and one idea for next time.

## Tips for Reuse / Continuation

- ☒ Ask a friend what they wrote and share ideas about how to improve.
- ☒ Next time, see if you can try a new way of explaining your thoughts.

# My Debate Helper

## My Ideas

- **Main Topic:**

- What is the main thing you want to talk about or learn?
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- Key Points:

- **Point 1:**

- What's the first important thing you want to say?
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- **Point 2:**

- What's another important thing you want to talk about?
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- **Explain**

- Can you think of any examples or stories to help explain your points
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- **Goal:**

- What do you want to understand or have explained by the end of your talk
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## What I Noticed

- **During the Discussion:**

- Were people interested?
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- Was everyone listening and joining in? Did anything fun or surprising happen?
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- **Write what you noticed:**

- Did you listen carefully?
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- Did you hear other people's ideas? Did you wait for your turn to speak?
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- **Write what you think:**

- How did people react to you?
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- Did anyone ask you questions or agree with you? Were there any surprises?
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- **Write your thoughts:**

- How did the group work together?
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- Was the talk friendly, serious, funny, or something else?
  - Write about it here:
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## Looking Back

- **What Went Well:**

- Good Ideas:
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- What ideas did other people like?
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- **Working Together:**

- Did you work well with others or have a good chat?
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- **Tricky Moments:**

- Was there anything confusing or a time when people didn't agree?
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- **What Could Be Better:**

- What would you like to do better next time?
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- **Ideas for Next Time:**

- One New Thing to Try:
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- Think of one thing you could do next time, like asking more questions or listening carefully.
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