

Generative knowledge interviewing

Metacognitive skill targeted: Self-awareness, pattern recognition, making connections between experiences, reflection, and critical thinking

Age group

10 to 14 years old

Duration

30 to 45 minutes

Materials needed

- Paper or notebooks
- Pens or pencils
- Printed reflection sheet or template (optional)

Activity Description

In this activity, you will think about how you act and make decisions when you face problems or challenges. You will tell short stories about things that really happen in your life and then talk about them with a partner. While you share, you'll discover the clever ways you handle situations without even noticing — the smart tricks your brain already knows. Your partner will help too, by spotting patterns and sharing what they notice about the way you think and act.

Instructions

Step 1: Think of two moments when you had to figure something out or solve a problem. It can be at school, at home, with friends, or anywhere.

Step 2: Write about what happened, what you thought or did, and how it ended.

Step 3: Pair up with a classmate.

Step 4: Take turns telling your stories to your partner.

Step 5: After each story, your partner will ask you:

- How did you know what to do?
- Have you done something like this before?
- What helped you?
- Would you do anything differently next time?

Step 6: Your partner will write down two or three interesting things you said.

Step 7: Your partner will then look for patterns in the way you solve problems. They will tick a list of possible habits (like 'tries different ideas', 'asks for help').

Step 8: Finally, your partner will write a short, kind message to you saying what they noticed about how you think and solve problems.

Useful Tips

- ☑ Be honest and tell your stories in your own words.
- ☑ Listen carefully when your partner is speaking.
- ☑ Remember: everyone thinks differently, and that's what makes this activity fun.

GENERATIVE KNOWLEDGE INTERVIEWING



Part 1: Tell Your Stories

Think of two times when you had to figure something out or solve a problem.

It could be at school, at home, or with friends. Write about what happened and what you did.

Story 1

What did you think or do?

What happened?

How did it end?

Story 2

What did you think or do?

What happened?

How did it end?



Part 2: Talk with a Partner

Partner's name: _____

Tell your stories to your partner.

Your partner will ask you these questions:

- How did you know what to do?
- Have you done something like this before?
- What helped you?
- Would you do anything differently next time?

Partner, write down 2 or 3 interesting things they said:

1	
2	
3	



Part 3: Spot the Patterns

Partner, what did you notice about how your friend thinks or solves problems?

Tick or circle the things you saw:

- ☐ Tries different ideas
- ☐ Asks for help
- ☐ Stays calm
- ☐ Gets upset but keeps trying
- ☐ Thinks before acting
- ☐ Checks work at the end
- ☐ Other: _____
- ☐ Other: _____
- ☐ Other: _____



Part 4: A Message to Your Friend

Write a short note to your partner about what you noticed.

Example: *"I noticed you are good at trying different ideas when things get tricky. You don't give up easily!"*

Your message:
