

Ball pass

Metacognitive skill targeted: Active listening, expressing thoughts, awareness of own and others' ideas

Age group

All ages

Duration

Duration of the debate discussion

Materials needed

- A soft ball (like a foam ball or a lightweight balloon)
- A space where kids can sit in a circle

Activity Description

This activity helps students practice thinking about their own ideas and listening carefully to others. Passing the ball encourages everyone to take turns speaking and sharing their thoughts, helping to build focus and group interaction.

Instructions

Step 1: The facilitator holds the ball and asks a simple question or shares an observation (for example: “What did you learn today?”).

Step 2: Students who want to answer raise their hands.

Step 3: The facilitator passes the ball to one student who raised their hand.

Step 4: The student with the ball first answers the facilitator’s question or comment, then adds their own thought or question.

Step 5: The student then passes the ball to another classmate who wants to share it, or chooses a classmate to pass it to.

Step 6: The activity continues until several students have spoken or time runs out.

Remember: listen carefully and wait for your turn; you can only speak when you have the ball.

Useful Tips

Try to really listen to what others say before it's your turn.

If you're unsure about what someone said, feel free to ask a question to understand better.